



The Heartlands

July 13th - 30th - 18 Days

In the Heartland of North America, agriculture forms a predominant feature of the landscape. Join us as we discover these Heartlands. Travel North through the Fraser Canyon and East into Northern Alberta and Saskatchewan. Explore Saskatoon, Winnipeg and then South into North Dakota. Return East into Regina, Calgary and the Rocky Mountains.

Day 1 - July 13: to 100 Mile House (L)

- * Door to door pick up.
- * Traverse down the Fraser Canyon in a breathtaking aerial tramway and enjoy a lunch at Hell's Gate.
- * Continue North through the historic Fraser Canyon with a stop at Chasm Provincial Park to see the spectacular display of color illustrating the parks rich geology.

Day 2 - July 14: 100 Mile House to Prince George

- * Arriving in Prince George early today, you have some time to explore the Railway and Forestry Museum. Climb aboard vintage rail coaches from the 1900's.

Day 3 - July 15: Prince George to Dawson Creek (B,L)

- * Detour off Hwy 97 to see the mill town of the recently rejuvenated MacKenzie.
- * Enjoy a group lunch at MacKenzie Junction.
- * A picture of the "Mile 0" Cairn is a must see at the start of the Alaska Highway. Here you will also have some time at the Northern Alberta Railway Park and visitor center.

Day 4 - July 16: Dawson Creek to Slave Lake, Alberta

- * Sandy Beaches in Northern Alberta? Yes! It is also the site of the Alberta Open Sand Castle competition. 7 km of white sandy beaches amid 1500 yr old sand dunes. You are there in time for the judging of these masterpieces.

Day 5 - July 17: Slave Lake to Edmonton, AB (B)

- * Your afternoon is spent at the famous West Edmonton Mall. Lots of activities to choose from including a casino and shopping.

Day 6 - July 18: Edmonton to Saskatoon, SK (B)

- * Today you cross from Alberta into the prairie province of Saskatchewan and lunch in the border town of Lloydminster.

Day 7 - July 19: Saskatoon, Saskatchewan

- * This morning a step on guide is hired to show off their favorite city of Saskatoon.
- * The afternoon is yours to explore on your own.

Day 8 - July 20: Saskatoon to Dauphin, Manitoba

- * You continue East along Highway 16 passing grain elevators, hundreds of small lakes and Ukrainian Churches.
- * The lunch stop is on your own in Yorkton and then you enter into the Province of Manitoba.



Day 9 - July 21: Dauphin to Winnipeg, Manitoba

- * Join up with the Trans Canada Highway and lunch is on your own in Portage La Prairie.
- * Discover the heritage of the Prairies at a visit to the Fort la Reine museum and pioneer village.

Day 10 - July 22: Winnipeg (B)

- * A local guide will show you her favorite city and tell you about it's history and architecture.
- * The afternoon is yours to browse through The Forks Market with a multitude of shops with a wide variety of specialties.

Day 11 - July 23: Winnipeg to Fargo, North Dakota (B)

- * Cross into the US today at the Emerson border crossing.
- * Walk the walk with more than 100 celebrity signatures, hand prints and footprints in cement at Fargo-Moorhead.

Day 12 - July 24: Fargo to Bismark, North Dakota (B)

- * Discover North Dakota's entire history this afternoon in Bismark at the Heritage Center.

Day 13 - July 25: Bismark to Regina, Sask (B)

- * As you make your way through North Dakota into Regina, the landscape changes from several wild life refuges to the rolling prairies.



Day 14 - July 26: Regina, Saskatchewan (B)

- * Enjoy a guided tour of the RCMP Heritage Center to learn of the Force's exciting history and to view state of the art exhibits.
- * Have your Camera ready as you tour around Wascana Park, one of the largest urban parks in North America.

Day 15 - July 27: Regina to Medicine Hat, Sask (B)

- * One of your stops today is in Moose Jaw to meet Mac the Moose and view many of the local Murals depicting the areas rich farming history.

Day 16 - July 28: Medicine Hat to Calgary, Alberta (B)

- * Explore Stephen Avenue, a major pedestrian Mall in downtown Calgary. Lots of eateries and shopping.

Day 17 - July 29: Calgary to Revelstoke (B,L,D)

- * Highlights today will be the Olympic Center in Calgary, and picture stops in Banff and Lake Louise.
- * A lovely group lunch awaits you in Golden in the spectacular BC region of Kicking Horse Country.
- * Relax and stroll the gardens of Three Valley Lake Chateau nestled in a beautiful valley at the foot of the Monashee Mountains.
- * Chow down at a group dinner after a guided ghost town tour and reminisce with new friends.

Day 18 - July 30: Revelstoke to Home

- * Return today through the Shuswap Lakes area and into Kamloops for lunch at a local Mall.
- * Door to door home return.

15 Meals - \$ 2,595 Cdn Double.
 No HST. \$3,595 Cdn Single.
 Inquiries welcomed for possible travel companions. A deposit of \$100.00 is due on booking to confirm reservation with final payment due 30 days prior to departure.

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